

# Programme

## DASO annual Obesity Meeting November 1<sup>st</sup>–2<sup>nd</sup> 2024

The DASO annual Obesity Meeting, will take place the 1<sup>st</sup> to the 2<sup>nd</sup> of November 2024 at Hotel Sinatur, Østerøvej 121, 5800 Nyborg, Denmark. The conference will bring together medical doctors, dietitians, health care professionals, and multidisciplinary researchers engaged in obesity research.

The annual Obesity Meeting will cover topics spanning from the role of physical activity in weight maintenance, new perspectives on treatment of obesity, therapeutic targets and bariatric surgery, to treatment of obesity eating disorders and obesity stigma. The meeting gives early career researchers the opportunity to present their research and all participants an opportunity to strengthen and expand their scientific network.





# DASO annual Obesity Meeting, November 1<sup>st</sup> – 2<sup>nd</sup> 2024

Hotel Sinatur, Nyborg

## Friday, 1 November

Time	Speaker	Tentative title
9.30-10.00	Registration and coffee with bread	
10.00-10.05	Lise G Bjerregaard	Welcome
<i>New perspectives on treatment of obesity</i>		
10.05-10.35	Carsten Dirksen. Chief Physician, PhD, Research unit of Endocrinology, Copenhagen University Hospital - Amager and Hvidovre, Denmark	A new era for weight management interventions?
10.35-11.05	Tryggvi Helgason, MD, Landspítali University Hospital, Iceland	When to treat obesity?
11.05-11.20	Coffee break	
<i>Weight maintenance with physical activity</i>		
11.20-11.50	Signe Sørensen Torekov, PhD, Professor of Clinical Translational Metabolism, University of Copenhagen, Denmark	Treatment of obesity and how to maintain a healthy weight loss combining exercise and liraglutide
11.50-12.20	Andy Grannell, Exercise Physiologist, Clinical Lead R&D - Sidekick Health (online)	Reframing the need for exercise therapy in the clinical management of people living with obesity
12.20-13.05	Lunch	
<i>Abstract competition</i>		
13.05-13.15	Sissel Due Jensen	Managing the new wave of weight loss medication in general practice: A qualitative study
13.15-13.25	Søren Gam	Zoledronic acid prevents spine and hip bone loss after bariatric surgery - A randomized, placebo controlled study
13.25-13.35	Jens Lund	Overeating does not predict high-fat diet-induced obesity in mice
13.35-13.45	Christina Sonne Mogensen	Effect of a high protein and low glycemic index diet during pregnancy in women with overweight or obesity on offspring metabolic health
13.45-13.55	Dorthe Dalstrup Jakobsen	Long-term changes in eating-related problems and quality of life in children with overweight and obesity attending a 10-week lifestyle camp
13.55-14.15	Poster pitch: Sara Olow Hofmann, Mikkel Kolind, Sidsel Maigaard, Christina	

	Horsager, Fereshteh Baygi, and Guðrún Ágústa Sigurðardóttir.	
14.15-14.45	Coffee and poster viewing	
<i>Treatment</i>		
14.45-15.15	Louise Laage Stentebjerg, MD, PhD, Odense University Hospital, University of Southern Denmark, Denmark	The BAMBI study: Bariatric surgery And consequences for Mother and Baby In pregnancy
15.15-15.45	Jens M Bruun, Steno Diabetes Center Aarhus, Aarhus University Hospital, Aarhus, Denmark	Nordic guidelines on vitamins and minerals after surgery
15.45-16.15	Pernille Andreasen, Senior Researcher, Danish National Center for Obesity, Aarhus, Denmark Sigrid B Gribsholt, Clinical Researcher, Steno Diabetes Center Aarhus, Aarhus University Hospital, Aarhus, Denmark	Report on weight stigma from Danish Scientific Council of Prevention (Vidensråd for Forebyggelse)
16.15-16.30	Break	
16.30-17.00	Honourable members: Teis Andersen, Bjørn Richelsen, Thorkild IA Sørensen	The history of DSAF
17:00-17:30	Honorable membership awards	
17:30-18:30	General assembly	All Delegates
19:15-	Conference dinner with early career prizes	

## Saturday, 2 November

Time	Speaker	Tentative title
<i>Treatment of obesity and eating disorders</i>		
9.15-9.45	Hiba Jebile, Senior Research Fellow, Research Dietitian, Sydney Medical School, University of Sydney, Australia (online)	Eating disorder risk during behavioral weight management in children and adults
9.45-10.15	Kajsa Järvholm, Clinical Psychologist, Childhood Obesity Unit, Skåne University Hospital Malmö & Associate Professor, Department of Psychology, Lund University, Sweden	Children with obesity and eating disorder - how common are they and how do we manage?
10.15-10.30	Benedikte Jensen, Adipositasforeningen, Denmark	Patient perspective: Stigma in healthcare
10.30-10.55	Coffee & group picture	
<i>Basic metabolic research</i>		
10.55-11.25	Zach Gerhart-Hines, Associate Professor, Novo Nordisk Foundation Center for Basic Metabolic Research, University of Copenhagen, Copenhagen, Denmark	Next generation obesity therapeutics beyond the GLP-1's
11.25-11.55	Sara E Stinson, Postdoctoral Researcher, Section for Precision Psychiatry, Oslo University Hospital, Oslo, Norway & Novo Nordisk Foundation Center for Basic	Childhood obesity, proglucagon hormones, and cardiometabolic risk

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Metabolic Research, University of  
Copenhagen, Copenhagen, Denmark

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11.55-12.00 Lise G Bjerregaard Closing remarks

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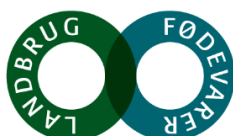
12.00 Grab and go lunch

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**Exhibitors:**



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