

Programme

Education Day on Obesity & DASO annual obesity meeting November 2nd–4th 2023

The annual education day on obesity and the DASO annual Obesity Meeting, will take place the 2nd to the 4th of November 2023. The conference will be held in Nyborg, Denmark, Østerøvej 121, 5800 Nyborg, and will bring together medical doctors, dietitians, health care professionals, and multidisciplinary researchers engaged in obesity research.

The annual educational day on the topic 'How is obesity in adolescents and adults treated in the real-world?: working on case-based examples' will include talks on treatment in primary and secondary care facilities and participant workshops.

The annual Obesity Meeting will cover topics spanning from obesity and reproductive health, lipedema, weight maintenance to obesity in childhood and adulthood and cancer risk. The meeting also gives young investigators the opportunity to present their research findings and all researchers an opportunity to strengthen and expand their research network.



DSAF's Education Day 2023, November 2nd–3rd

Title: How is obesity in adolescents and adults treated in the real-world?: working on case-based examples

Hotel Signatur, Nyborg

Thursday, November 2nd

Time	Speaker	Tentative title
10:00-10:30	Registration and coffee with bread	
10.30-10.40	Lise G Bjerregaard, President of DASO	Welcome
10.40-11.20	Dr Michael Crotty, GP specialising in Obesity Medicine, Founder/Clinical Lead of My Best Weight, Ireland	Management of adult obesity in primary care
11.20-12.00	Kirstine Bojsen-Møller, MD, PhD, Hvidovre Hospital, Denmark	Management of adult obesity in secondary care facilities
12:00-12:40	Michael Vallis, PhD R Psych, Psychologist & Associate Professor, Dalhousie University, Canada	Cognitive Behavioral Therapy - is lasting change possible?
12.40-13:40	Lunch	
13.40-14.40	Facilitators: Michael Vallis	Workshop - Management of adult obesity
14.40-15.20	Trine Klindt, reg. clinical dietitian, vice president in FaKD, editor of Diætisten	Management of obesity in adolescents - from a dietitian's perspective (In Danish)
15.20-15:50	Coffee	
15:50-16.30	Prof. Torsten Olbers, Linköping University, Sweden	Management of severe obesity in adolescents - Bariatric surgery
16:30-17:30	Facilitators: Torsten Olbers and DSAF board members	Workshop - Management of adolescent obesity
17:30-18:30	Break	
18:30-20:00	Dinner	

Friday, November 3rd

Time	Speaker	Tentative title
9.00-9:40	Anne-Sofie K Kristensen, physiotherapist, cand.scient.san & Sofie Gyruup, midwife, cand.scient.san, scientific assistant, Aarhus University Hospital, Denmark	The Experience of Weight Discussion During Pregnancy: A Qualitative Study Among Pregnant Women with Obesity and Midwives
9.40-10.00	Lise G Bjerregaard, President of DASO	Q & A, Conclusions
10.00-10.15	Break	
10.15-	Participation in the Danish Meeting on the Study on Obesity	

DASO annual obesity meeting 2023, November 3rd –4th

Hotel Signatur, Nyborg

Friday, November 3rd

Time	Speaker	Title
10.15-10.20	Lise G Bjerregaard, President of DASO	Welcome
10.20-10.55	Ulla Kampmann Opstrup, Associate Professor, chief physician, PhD. Steno Diabetes Center Aarhus, Aarhus University Hospital, Denmark	Implications of Obesity and Bariatric surgery on Pregnancy
10.55-11.30	Karen Fjeldborg, MD, Randers	Results from a PCOS clinic
11.30-11:45	Tenna Pedersen	PCOS – patient perspective (online presentation)
11.45-12:15	Christoffer Valdemar Stoltenberg Nissen, MD, Bispebjerg Hospital, Denmark	Lipedema - diagnosis and treatment
12.15-13.15	Lunch	
	Abstract competition	
13.15-13.30	Fereshteh Baygi	Overview of Research on Sarcopenic Obesity among Older Adults in the Nordic Countries
13.30-13.45	Dorthe C Pedersen	Childhood body mass index and risk of infertility
13.45-14.00	Pernille C Skovlund	Communication about obesity And healthy behavior with patients with breast cancer
14.14-14.30	Søren Gam	Test-Retest Reliability of Lower Limb Muscle Power in Adults Eligible for Bariatric Surgery
14.30-14:45	Julie Aarestrup	Childhood body mass index trajectories and risk of adult coronary heart disease
14:45-15:15	Poster pitch	Pil Lindgreen, Amalie London, Jonas B Holm, Nina Aula, Dan Hameiri-Bowen, Britt W Jensen, Sixten Harborg
15:15-15:45	Coffee & posters	
15:45-16:15	Prof. Liesbeth F.C. van Rossum, MD PhD, Internist-endocrinologist Erasmus MC, Rotterdam, The Netherlands	Novel insights in obesity as a chronic disease (online presentation)
16:15-16:45	Jane Hagelskjær, communications consultant, National Center for Overweight	Presentation of the Danish Obesity Image Bank
16:45-17.00	Break	
17:00-18:00	General assembly	All DASO delegates
19.00-	Conference dinner with young investigator prizes	

Saturday, November 4th

Time	Speaker	Title
09:30-10:05	Jennifer Baker, PhD, Center For clinical Research and Prevention, Copenhagen, Denmark	Childhood obesity and cancer risk
10:05-10:40	Tanja Stocks, Associate Professor of epidemiology, Dept. of Translational Medicine, Lund University, Sweden	Obesity in adulthood and cancer risk
10:40-11:05	Coffee	
11:05-11:40	Jan Frystyk, MD, ph.d., DMSc, professor, Medicinsk Endokrinologisk Afd., Odense Universitetshospital, Denmark	Mechanisms linking obesity and cancer
11:40-12:00	Lise G Bjerregaard	Closing remarks

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