

Pregnancy and programming and later risk of obesity and related disease

Date: 28.01.2019 – 01.02.2019
Time: 09:00 – 16:30/17:15
ECTS: 4.0
Course fee*: 7.080 DKK

Responsible: Berit L. Heitmann
Secretary: Fanney Thorsteinsdottir, E-mail: fanney.thorsteinsdottir@regionh.dk
Registration: Please register before 2nd January 2019
Location: Nordre Fasanvej 57, Vej 8, Indgang 19, 2000 Frederiksberg

Sign up before: 02.01.2019
Sign up here: <https://phdcourses.ku.dk/DetailKursus.aspx?id=105381&sitepath=SUND>

Learning objectives

A student who has met the objectives of the course will be able to:

1. understand how fetal life may be an important determinant for later disease development.
2. understand how exposure to certain dietary nutrients or environmental pollutants early in life may influence disease later in life.
3. understand how early weight and growth relates to later obesity and co-morbidities
4. know and understand effects of lifestyle interventions in pregnant women in relation to maternal and offspring health

Content

The course will build on the understanding of the developmental origins of obesity and related diseases. It will provide a comprehensive overview of the latest developments with regard to mother-infant nutritional programming research and offer advice on prevention diagnosis and management of early nutrition and adult diseases. In addition, it will enhance the understanding of the complex interactions between nutrient, genetics and biological factors during pregnancy. The programme will thus permit attendees to improve their knowledge in this field with updated overviews.

Teachers

Amongst others:

- Amanda R Amorim Adegboye, PhD, Faculty of Science and Technology, University of Westminster, London, UK.
- Berit L. Heitmann Professor, Institute of Public health, The section for general Practice, Copenhagen University, and Research Unit for Dietary Studies at the Parker Institute
- Thorkild I.A Sørensen, Professor, Dr.Med.Sci, Institute of Preventive Medicine, Copenhagen and The Novo Nordisk Foundation Center for Basic Metabolic Research, Copenhagen
- Ellen Aa. Nohr, Prof., Institute of Clinical Research, University of Southern Denmark, Odense

Seats to PhD students from other Danish universities will be allocated on a first-come, first-served basis and according to the applicable rules.

Applications from other participants will be considered after the last day of enrolment.

*This course is free of charge for PhD students at Danish universities (except Copenhagen Business School). Special rules apply for research year students enrolled at Faculty of Health and Medical Sciences at UCPH. All other participants must pay the course fee.

Anyone can apply for the course, but if you are not a PhD student, you will be placed on the waiting list for the course until enrollment deadline. After the deadline of enrollment, available seats will be allocated to students on the waiting list.